

Sherborn Crescent / Verity Park

October Programme



**GreenFingers -
Woodland Walkway**
Sat 12 Oct | 1.30pm - 3.30pm

We're creating a woodland walkway through the park's forest. Join us in clearing non-native shrubs, digging in logs and adding woodchip.

Meet by the scout hut/ car park.



Volunteering

Forest Bathing
Tues 15 Oct | 10am - 11.30am

Join us for a guided mindfulness session in the park. We'll use our senses to connect with nature and unwind.

Adults only event.

Meet by the scout hut/
car park.



Free event

Wildlings - Seed Balls for Birds
Weds 16 Oct | 3.30pm - 4.30pm

Join us after school to make seed balls to feed the birds as the seasons begin to change. They can be hung in the park or your own outdoor space to help our feathered friends.

Meet by the play park.

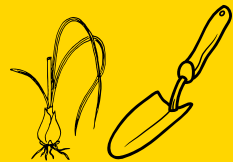


Free event

The Big Bulb Plant
Tues 22 Oct | 12.30pm - 2.30pm

Help bring a splash of colour to the park by planting bulbs which will brighten up the first few months of the year when they flower, and provide food for insects.

Meet by the scout hut/
car park.



Volunteering

Halloween Nature Craft
Tues 29 Oct | 2pm - 3.30pm

Have fun with Halloween-themed nature crafts. We'll gather natural materials like leaves, twigs, and acorns to create enchanting crafts that capture the spirit of the season.

Meet by the play park.



Free event

**Scan for park information,
including accessibility**



To book: parksfoundation.org.uk/events

The Parks Foundation is committed to celebrating diversity – we welcome people from all backgrounds, genders, ethnicities, people with learning differences and varying physical abilities. If you would like more information or have questions about an activity, please contact us.

Get in touch with your Parks Activator, Tanya on: tanya@parksfoundation.org.uk or: 07723 291908