

Alexandra Park July Programme

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GreenFingers

Thurs 4, 11, 18 & 25 Jul 10am-12pm
Sat 13 Jul | 10am - 12pm

Join our friendly volunteer group to get involved in practical conservation in your local park. Bring gloves and a reusable mug if you have them. Meet by the café.



Volunteering

Summer Science - Butterfly Monitoring

Wed 3, 10, 24 Jul | 2pm - 2.45pm
Tues 16 & 30 Jul | 2pm - 2.45pm

Survey butterflies whilst learning about different species. The data will help us increase butterfly numbers. Meet by the café.



Free event

Café Opening Fun Day

Sat 6 Jul | 11am - 3pm

Join us for the official opening of our Alex Park Community Café. There will be lots of family-friendly fun including live music, bug hunt for kids, nature-crafts, and BBQ. Come along and join in the celebrations!



Free event

Wildlings - Nature Wands

Weds 10 Jul | 3.30pm - 4.30pm

Join Tanya after school to make magic nature wands. Using yarn, sticks and natural materials, you can make a colourful wand to take home.

Meet by the playpark.



Free event

Macrame - Plant Hangers

Tues 16 Jul | 12pm - 2pm

Learn how to make a macrame plant hanger which will be displayed in our new Alexandra Park Café. Adults only event. Meet by the café.



Free event

Back To Nature - Hawk Moths

Tues 23 Jul | 9am - 10.30am

Discover the amazing moths that live in our parks during National Moth Week. Get up close to these beautiful insects and learn about the species that visited overnight. Meet by the café.



Free event

Midsummer Mindfulness

Weds 24 Jul | 12.30pm - 1.30pm

Join Tanya for a guided mindfulness session in the park. We'll use our senses to connect with nature and unwind. Meet by the community planters by the café.



Free event

Bug Hunt

Tues 30 Jul | 12pm - 1.30pm

Bugs love warm weather so now is a great time to discover them. We'll use bug nets, magnifying jars and I.D sheets to gently look at the minibests in our park. Meet by the café.



Free event

To book: parksfoundation.org.uk/events

The Parks Foundation is committed to celebrating diversity – we welcome people from all backgrounds, genders, ethnicities, people with learning differences and varying physical abilities. If you would like more information or have questions about an activity, please contact us.

Get in touch with your Parks Activator, Tanya on: tanya@parksfoundation.org.uk or: **07723 291908**