

# Seafield Gardens

## July & August Programme

Meeting Point: by the base of the water tower

Scan for park  
information,  
including accessibility



### GreenFingers

Weds 3 & 17 July | 10.30am - 12.30pm  
Weds 7 & 21 Aug | 10.30am - 12.30pm

Join our friendly volunteer group to enjoy the outdoors and get involved in practical conservation in your local park. No experience needed.



Volunteering

### Bee Building

Sat 6 July | 2.30pm - 4.30pm

Help us build a bee and bug hotel for the new community growing space to encourage pollinators. It's also solitary bee week so learn all about them!



Free event

### Back To Nature - Hawk Moths

Mon 22 July | 9am - 10.30am

Discover the amazing diversity of moths that live around our parks for this year's National Moth Week. Get up close to these beautiful insects and learn about the species that visited overnight.



Free event

### Nature Tots

Weds 24 July | 10.30am - 12pm  
Weds 7 Aug | 10.30am - 12pm

Bring your youngsters to the park and get them playing outdoors and learning about nature. Involves craft and hands-on activities. Suitable for under 5s.



Free event

### An Evening With Bats

Tues 6 Aug | 8.45pm - 9.45pm

Join us for a quiet evening stroll around the park, to look for and listen out for bats using our special bat detector. Bring a torch if you have one.



Free event

### Cultivate & Create

Weds 21 Aug | 1.30pm - 3.30pm

Come and chat with Parks Activator Jess about our new community growing space. We'll chat about how you can get involved with food growing and growing-related craft activities.



Free event

# To book: [parksfoundation.org.uk/events](https://parksfoundation.org.uk/events)

The Parks Foundation is committed to celebrating diversity – we welcome people from all backgrounds, genders, ethnicities, people with learning differences and varying physical abilities. If you would like more information or have questions about an activity, please contact us.

Get in touch with your Parks Activator, Will on: [will@parksfoundation.org.uk](mailto:will@parksfoundation.org.uk) or: **07723 289747**