

Winton Recreation Ground

November Programme



Stargazing and planet hunting

Wednesday 10th / Thursday 11th
6pm - 7pm

Astronomer Kate Earl will be bringing telescopes to help us see the Moon, Jupiter and Saturn, as well as showing us the brighter constellations.

In the event of poor weather, the event will be moved to the next day, Thursday 11th November, and if cloudy again Kate will run the evening in the park with the aid of up-to-date images and videos of the solar system, and a display of meteorites to handle.

Booking through Eventbrite



GreenFingers

Saturday 6th, 1pm - 3pm
Saturday 20th, 10am - 12pm

Come and get involved in urban conservation and community gardening. Meet at Winton Rec community garden (old bowling green). Free event.

Email: melinda@parksfoundation.org.uk to book



Park Life - Bulb planting part 2

Saturday 6th | 1pm - 3pm

Nature based activities for the whole family. In November we are teaming up with our Greenfingers volunteers to finish our bulb planting. We have 900 left to plant!

Free event - Booking through Eventbrite

Nature Tots

Wednesday 3rd, 10th, 17th, 24th
10am - 11am

If you and your little ones enjoy spending time outdoors and learning about nature, then Nature Tots is the place to be.

A fun nature based playgroup for under 5's and their carer's, where child-led play and free exploration, is mixed with hands-on learning experiences that are themed around nature and the changing seasons.

£3.50 per session

Booking through Eventbrite



Forest School - Campfire cooking

Sunday 7th | 10am - 11am

We've joined up with the Poole Forest School to bring you a learning through nature programme of events.

At this session your child can learn how to safely build their own campfire, learn about the tools needed to do this plus cook a little food! All equipment supplied.

Age 8+ / £5 per child (parents/ carers to stay in the park please)

Booking through Eventbrite



Book via Eventbrite: bit.ly/Eventbrite-ParksFoundation
parksfoundation.org.uk/events

Facebook.com/The Parks Foundation E: melinda@parksfoundation.org.uk

BCP
Council

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Buggy Bootcamp each Monday - 9.30am - 10.30am

Make friends while you get fit, bring baby with you, so no need for a babysitter. Work outs are designed with rehab in mind. £6

To book: www.bookwhen.com/eternallyfit Email: lucy@eternallyfit.co.uk



Fun Fit with Helen each Tuesday 10am-11am

Improve your strength & fitness. These classes are run through a community project to promote physical, mental and social wellbeing. For more information contact Helen on 07944 318237. Email: helryder@hotmail.co.uk



Carers Cafe @ Winton Park Cafe - each Tuesday 10.30am - 12pm.

Have a natter, share information and ideas with other carers.

Free event. Drop in session. 10% discount on cafe purchases.



Winton Woolies Knitting @ Winton Park Cafe - Tuesday 2nd, 16th, 30th

November 12.30 - 2.30pm. Knit, chat, crochet, drink tea. Free event. Drop in session.



Mum & Baby fit - each Wednesday 9.30am -10.30am

A relaxed class with baby/toddler so if they need you, that's no problem.

Classes are made to help you get your pre-baby fitness back in a safe way.

£6 To book: www.bookwhen.com/eternallyfit Email: lucy@eternallyfit.co.uk



Creative Writing @ Winton Park Cafe - Wednesday 3rd & 17th November

11am - 12pm. A fun introduction to creative writing with Jake.

Notebooks and pens supplied. Free event. Drop in session.



Winton Park Cafe board games - Friday 5th & 19th November.

10.30am - 12pm. Free event.



Don't forget you can hire our large outdoor, Jenga, Connect4 games for free.

Let the kids play while you enjoy a coffee.